

How to care for your Hard Mieder

Dear Trachten-kameraden,

thank you for buying your mieder from us.

To enjoy it for a long time, please follow these instructions:

First some information

Our mieders are made with stays, which are thin wooden sticks. If the mieder is stored or worn incorrectly, the stays can break. If a stay is broken, you can't repair it.

But if you follow the instructions below, the stays won't break and you can enjoy it for a long time.

Storage

The mieder should always be tightly rolled up and stored in a cotton bag in the closet. Please never store your mieder in a plastic bag because it should breathe.

Roll up

You need a flat surface, enough space, and a long narrow ribbon.

1. Lay the mieder open, lining facing up and the hooks facing down. (Suspenders to the left)
2. Start with the side with the chains and roll it tight, following the shape of the mieder.
3. Hold it with your left hand so that it stays closed. With the right hand wrap the narrow ribbon tightly around the mieder. Hold one end with the thumb of your left hand and hook the band with the right hand once in an upper and once in a lower hook.
4. Then make a loop or bow with both ends.

Purpose

The purpose of rolling is to keep the mieder in its original form. The mieder fits better on the body when it is rounded (your body isn't square but round). In addition, the probability that the stays break is lower.

Sew the straps on

First, pin the straps with two straight pins. Then go around the room and move (arms outstretched). In general, the mieder will slip up a few millimeters. Do **not** pull it down again. Leave it where it slides by itself.

If necessary, tighten the straps a little to make them feel good. Sew the straps along the seam by hand.

Wearing

Our mieders are made to be worn tucked into the skirt's waistband. The skirt has a hook that is hooked onto the hook on the Mieder. At the front, a piece of Velcro (hard side sew on the bodice, soft side to the skirt) or a hook can prevent slipping.

Since you can not wash the mieder when you've been sweating, you should always wear a long blouse underneath. We recommend our blouses # 1019, # 1029 or # 1238.

Attention: The mieder chain is **NOT** there to make the mieder tighter! It serves only as an ornament. If you tighten it too often with the chain, you will break the stays or the hooks.

For tighter fit, please use the three inner chains. With them, you can tighten the mieder to a certain degree. Otherwise, the mieder can be sewn tighter or made wider at the side seam.